



Simonside Primary School - Physical Education Policy

2016-2017

'At Simonside Primary School we believe PE and Sport plays an important role in making our school vision 'Dream, Believe, Achieve' a reality for every pupil, with the potential to change our young people's lives for the better. We believe that physical education is a vital and unique contributor to our children's physical health and well-being and aim to provide all of our children with high quality physical activity experiences that will lead to lifelong participation and fitness.'

At Simonside Primary School we are committed to delivering high quality PE through an exciting range of physical activities which also provide opportunities for competition, self-improvement and developing good team work, sportsmanship and self-discipline.

Sports Pupil Premium Funding

The government has provided additional funding to improve the provision of physical education (PE) and sport in primary schools. The funding – provided jointly by the Departments for Education, Health and Culture, Media and Sport – was allocated to primary school headteachers. This funding is ring-fenced and therefore can only be spent on provision of PE and sport in schools.

See our website for full details of how our school has spent the Sports Premium funding.

Rationale

This policy is a statement of aims and strategies for the teaching and learning of Physical Education at Simonside Primary School.

As a policy its main purposes are:

- To enable structured and progressive development of skills in all areas of P.E.
- To provide equal learning opportunities for all children throughout the school.
- To encourage children to actively involve themselves in the maintenance of their own health, fitness and well-being.

Aims

- Teaching pupils to be more skilful in the ways to help them learn and develop.
- Developing habits leading to a healthy, active lifestyles and promote physical wellbeing.
- Helping pupils understand how the body responds to activity and to realise what they need to do to improve.
- Developing pupils' confidence in applying and adapting a range of skills in a variety of settings.

- Contributing to pupils' social and emotional development, by developing their self-confidence and self-esteem and promoting qualities such as commitment, fairness, tolerance, and sportsmanship.
- Developing the necessary skills to manage success in competitive and co-operative situations and how to cope well with losing.

Teaching / Planning

Medium and short-term planning activities are prepared by teachers, Sports coaches and a specialist PE teacher. Challenge is very important within lessons; for children and across year groups. At Simonside we ensure PE lessons are differentiated for all abilities and all pupils are challenged to achieve their very best. Lessons build on the skills pupils already know, understand and can do. The teacher then identifies what pupils need to do next to improve. References to the new curriculum documents support further learning.

Next steps are shared with the pupils so they know how to improve further. Staff strive to improve and challenge their own PE teaching skill. A variety of courses are attended which enables them to learn new techniques / improve their existing skills.

Children are taught the skills of physical development in line with the guidance from the 2014 National Curriculum. All classes are expected to do 2 hours a week of curriculum PE.

Foundation Stage / KS1

Children should:

- Develop fundamental movement skills, becoming increasingly competent and confident in a broad range of opportunities.
- Regularly engage in competition – against themselves and against others.
- Take part in cooperative activities with increasingly challenging situations.
- Participate in team games, developing simple tactics for attacking and defending
- Apply the skills of running, jumping, throwing, and catching, as well as developing balance, agility and coordination, to a range of different activities and scenarios.
- Where possible be able to link skills to real life examples where they need them.
- Be physically exerted in PE to help lead a fitter, more active lifestyle.

KS2: Children should:

- Enjoy collaboration, communication and competition with each other.
- Develop an understanding of how to evaluate and recognise their own success and work towards improving their own PBs (personal bests).
- Understand what they need to do to improve their own performance.
- Play competitive games and apply the principles of attacking / defending.
- Be physically exerted in PE to help lead a fitter, more active lifestyle.

Swimming in KS2

Children have weekly swimming lessons in Year 5. There is a vast range within the children's capabilities when starting these lessons at the beginning of the academic year. Some have had lessons and are confident in the water, others have never swum before. School staff that accompany the children to the pool each week keep detailed records of individuals progress and achievements across the year.

Assessment / monitoring

Pupil's progress and skills are assessed half termly / termly depending on the module of PE they are learning. The class teacher, sports coaches and specialist PE teacher work together to assess and record progress. This is in addition to the constant assessment that staff give to children within day to day lessons. The impact of this assessment means that teachers take decisive action to ensure optimal learning.

The importance of a healthy, active lifestyle and the benefits of this are a regular part of PE at Simonside, supplemented by Science and PSHCE learning. Achievements in PE are a high priority and all successes are celebrated in assemblies, newsletters and on the school website and sports notice board.

Resources

There are a wide range of resources to support the teaching of PE across the school. Equipment is stored in the PE cupboard and is accessible to children only under supervision. The hall contains a range of larger apparatus and the children are expected to help set up and put away this equipment as part of their work. By so doing, the children learn to handle equipment safely. The children use the school grounds for games, athletics and outdoor adventurous activities. The local swimming pool is used for swimming lessons. As a part of the Outer west learning Trust we can share resources and sporting events.

Health and Safety

Health and Safety issues in P.E. include the following guidelines to teachers:

- Check that equipment is safe and suitable for use on the particular day you use it.
- Ensure there is adequate supervision and that discipline is good.
- Pupils should be taught to understand the need for safe practice in physical education and how to achieve this.
- Pupils should be set only work that they are sufficiently competent to cope with.
- Clothing – needs to be suitable, so presents no hazard, bare feet indoors (unless games played which might injure bare feet), nothing to get caught, hair tied back, jewellery/watches removed.
- Expectation that the teacher will dress appropriately for all PE lessons to avoid injury and promote good practice.

Extra-Curricular Clubs:

We strive to provide a multitude of different sporting after school clubs across the school year which give all children an opportunity to join in with team games, individual sports and a range of competition within the TRUST schools and within the Newcastle City Schools Partnership.

The PE subject leader is Mrs Sarah Berryman.

Revised: September 2016