



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

(Menu Option 3w)



Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Rich Pasta Pomodoro (v) Garlic Bread Slice (v)	Hearty Meatballs in Gravy Skin on Wedges (v)	Classic Chicken Katsu Curry Steamed Mixed Rice (vg) Naan Bread (v)	American Style Cheeseburger Seasoned Wedges (vg) Baked Beans (vg)	Oven Baked Breaded Fish Star Chips (vg)
Main Course	Crispy Quorn Dippers (vg) Sweet Potato Wedges (vg)	Sizzling Quorn Sausage In Gravy (vg) Skin on Wedges (v)	Margherita Pizza Slice (v), Chopped Mixed Salad (vg) Carrot & Cucumber Sticks (vg)	Power Burger with Cheese (v) Seasoned Wedges (vg) Baked Beans (vg)	Rich Napoli Spaghetti (v) Focaccia Bread (v)
Halal	Rich Pasta Bolognese Garlic Bread Slice (v)	Sizzling Chicken Sausage In Gravy Skin on Wedges (v)	Classic Chicken Katsu Curry Steamed Rice (v) Naan Bread (v)	Power Burger with Cheese (v) Seasoned Wedges (vg) Baked Beans (vg)	Choice of the Above
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Muffin (v)	Iced Sponge with Custard (v)	Oaty Cookie (v)	Frozen Yoghurt (v)	Toffee Cake & Ice Cream (v)

Week 1	Week 2	Week 3
2 Sept 24	9 Sept 24	16 Sept 24
23 Sept 24	30 Sept 24	7 Oct 24
14 Oct 24	21 Oct 24	4 Nov 24
11 Nov 24	18 Nov 24	25 Nov 24
2 Dec 24	9 Dec 24	16 Dec 24
6 Jan 25	13 Jan 25	20 Jan 25
27 Jan 25	3 Feb 25	10 Feb 25
17 Feb 25		

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Moroccan Style Chicken Tagine Rainbow Cous-Cous (v)	Oven Baked Sausage Roll Skin on Wedges (v) Baked Beans (vg)	Traditional Roast Chicken Stottie with Stuffing Oven Roast Potatoes (v)	Melting Quorn Meatball Sub (v) Seasoned Wedges (vg)	Golden Fish Finger or Salmon Bite Sandwich
Main Course	Rich Pasta Pomodoro (v) Crusty Oven Baked Bread (v)	Oven Baked Quorn Sausage Twist (vg), Skin on Wedges (v) Baked Beans (vg)	Chinese Style Noodle Pot (v)	Herby Cheese Omelette (v) Hash Brown (vg)	Crispy Quorn Dippers with BBQ Sauce (vg) Chips (vg)
Halal	Moroccan Style Chicken Tagine Rainbow Cous-Cous (v)	Oven Baked Quorn Sausage Twist (vg), Skin on Wedges (v) Baked Beans (vg)	Traditional Roast Chicken Stottie with Stuffing Oven Roast Potatoes (v)	Herby Cheese Omelette (v) Hash Brown (vg)	Choice of the Above
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Crispy Cake (v)	Blueberry Muffin (v)	Fruit Jelly Sundae (v)	Arctic Ice Cream Roll (v)	Fruity Friday (v)
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	American Style Hot Dog Seasoned Wedges (vg)	Crispy Nacho Chicken Mashed Potato (v)	Golden Cheese & Potato Pasty (v) Roast Potatoes (v)	BBQ Chicken Pizza Slice Homemade Coleslaw (v) Chopped Mixed Salad (vg)	Golden Battered Fish Fillet Chips (vg)
Main Course	American Style Quorn Frankfurter (v) Seasoned Wedges (vg)	Oven Baked Quorn Dippers (vg) Mashed Potato (v)	Rainbow Pasta Bake (v) Garlic Bread Slice (v)	Classic Quorn Korma Curry Steamed Mixed Rice (vg)	Chinese Style Noodle Pot (v) Garlic Bread Slice (v)
Halal	American Style Quorn Frankfurter (v) Seasoned Wedges (vg)	Crispy Nacho Chicken Mashed Potato (v)	Choice of the Above	Classic Chicken Korma Curry Steamed Mixed Rice (vg)	Choice of the Above
Chef's choice of seasonal vegetables and Salad Bar (v)(vg) / Baked Potatoes – Cheese (v), Tuna Mayo (v), Beans (v/vg) / Sandwiches (v) options					
Dessert Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Melting Moment Cookie (v)	Fruit Jelly & Ice Cream (v)	Chocolate & Vanilla Marble Cake with Custard (v)	Honey & Oat Muffin (v)	Frozen Yoghurt (v)

CHOICE OF DRINKS:

- Fruit juice
- Reduced fat milk
- Chilled water

Menus are subject to availability
(v)suitable for vegetarians (vg)
vegan diets