



Primary School Lunch Menu

SEPTEMBER - FEBRUARY

Planet Friendly Days

(Menu Option 1w)

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Oven Baked Sausage Mashed Potato (v)	Handmade Margherita Pizza Slice (v) Pasta Quills (v)	Chinese Style Chicken Noodles Oven Baked Crusty Bread (v)	Hearty Minced Beef & Vegetable Pie Roasted Potato (v)	Golden Fish Fingers & Tomato Dip (v), Chips (vg)
Main Course	Oven Baked Quorn Sausage (vg) Mashed Potato (v)	Handmade BBQ Quorn Pizza Slice (v) Pasta Quills (v)	Chinese Style Vegetable Noodles (v) Oven Baked Crusty Bread (v)	Hearty Quorn & Vegetable Pie (v) Roasted Potato (v)	Crushed Chickpeas & Sweetcorn Mayo Wrap (vg) Chips (vg)
Halal	Oven Baked Chicken Sausage Mashed Potato (v)	Choice of Above (v)	Chinese Style Chicken Noodles Oven Baked Crusty Bread (v)	Hearty Minced Beef & Vegetable Pie Roasted Potato (v)	Choice of Above
Dessert	Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato - Cheese (v), Tuna Mayo, Beans (v)(vg) / Sandwiches Options (v)				
Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Arctic Ice Cream Roll (v) <i>cheese</i>	Peach & Custard Boodle (v) <i>Ham</i>	Fresh Fruit Salad (v) <i>Tuna</i>	Fruit & Oat Cookie (v) <i>cheese</i>	Apple Crumble Muffin (v) <i>Ham</i>
Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Classic Cheeseburger In a Bun Seasoned Wedges (vg)	Traditional All-Day Breakfast (Pork Sausage, Hash Brown, Beans, Omelette)	Classic Mac & Cheese (v) Garlic Bread (v)	Classic Roast Chicken Fillet with Yorkshire Pudding Mashed Potato (v)	Crunchy Fish Stars Chips (vg)
Main Course	Planet Friendly Cheeseburger In a Bun (v) Seasoned Wedges (vg)	Traditional Quorn All-Day Breakfast (v) (Quorn Sausage, Hash Brown, Beans, Omelette)	Super Rich Ragù With Penne Pasta (vg) Garlic Bread (v)	Mighty Roast Quorn Fillet with Yorkshire Pudding (vg) Mashed Potato (v)	Loaded Mexican Style Wedges (vg) Chopped Mixed Salad (vg)
Halal	Classic Chicken Burger In a Bun Seasoned Wedges (vg)	Traditional All-Day Breakfast (Chicken Sausage, Hash Brown, Beans, Omelette)	Super Rich Ragù With Penne Pasta (vg) Garlic Bread (v)	Classic Roast Chicken Fillet with Yorkshire Pudding Mashed Potato (v)	Choice of Above
Dessert	Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato - Cheese (v), Tuna Mayo, Beans (v)(vg) / Sandwiches Options (v)				
Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Frozen Yoghurt (v) <i>cheese</i>	Fruit Shortbread Custard (v) <i>Ham</i>	Fresh Fruit Medley (v) <i>Tuna</i>	Madeline Sponge Custard (v) <i>cheese</i>	Coconut Cookie (v) <i>Ham</i>
Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	American Style BBQ Meatball Sub Crispy Diced Potato (v)	Crispy Chicken Nuggets Salsa Dip (v) Loaded Mexican Rice (v)	Rainbow Pasta Bake (v) Garlic Bread (v)	Sizzling Pork Sausage Hot Pot Sliced Carrots (vg)	Battered Fish & Salmon Nibbles Chips (vg)
Main Course	Plant Power Pasta (vg) Crispy Diced Potato (v)	Crunchy Quorn Dippers (v) Salsa Dip (v) Loaded Mexican Rice (v)	Classic Cheese & Tomato Quiche (v) Skin on Wedges (v)	Sizzling Quorn Sausage Hot Pot (v) Sliced Carrots (vg)	Homemade Tomato Soup with a Cheese Sandwich (v)
Halal	Plant Power Pasta (vg) Crispy Diced Potato (v)	Crunchy Quorn Dippers (v) Salsa Dip (v) Loaded Mexican Rice (v)	Choice of Above (v)	Sizzling Chicken Sausage Hot Pot Sliced Carrots (vg)	Choice of Above
Dessert	Chef's Choice of Seasonal Vegetables and Salad Bar (v)(vg) / Jacket Potato - Cheese (v), Tuna Mayo, Beans (v)(vg) / Sandwiches Options (v)				
Fresh Fruit (vg), Yoghurt (v), Cheese & Biscuits (v)	Chocolate Brownie (v) <i>cheese</i>	Strawberry Mousse (v) <i>Ham</i>	Fruit Flapjack Custard (v) <i>Tuna</i>	Frozen Yoghurt (v) <i>cheese</i>	Lemon Muffin (v) <i>Ham</i>

CHOICE OF DRINKS:

Chilled water
Reduced Fat Milk (v)

Menus are subject to availability
(vg) Vegetarian and Cheese-Free
(v) Suitable for Vegetarians

Newcastle City Council